



SEPTEMBER 2025

8513 SW Tualatin Road
Tualatin, OR 97062
503.691.3061 | TualatinOregon.gov

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED	2 8:30am-4:30pm Billiards* 11am-12pm Community Convos: Your Body of Work 12pm JPC Meal Program	3 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	4 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 11am-12pm Bingo* 6:30-7:30pm Zumba*	5 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	6 8:30am-5pm Day Trip: Maryhill Museum & Stonehenge 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
7	8 8:30am-4:30pm Billiards* 9am JPC Walking Group* 9:45-10:45am Gentle Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	9 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	10 8:30am-4:30pm Billiards* 9-11am Veteran Services Assistance* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	11 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	12 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	13 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
14	15 8:30am-4:30pm Billiards* 9am JPC Walking Group* 9:45-10:45am Gentle Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	16 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Why Are You Calling Me? 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	17 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2-3pm Be Ready: Wildfire Safety	18 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 1 11am Crafts* 1-2pm Tai Chi Yang 40: Part 3 2-3:30pm Convos on Aging: Living Solo as a Senior 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	19 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	20 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
21 10-11am Self-Mastery Basics	22 8:30am-4:30pm Billiards* 9am JPC Walking Group* 9:45-10:45am Gentle Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	23 8:30am-4:30pm Billiards* 8:45am-4pm AARP Driver Safety 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	24 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2-3pm JPC Book Club	25 8:30am-3pm Day Trip: Mitchell Point Tunnel 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 1 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	26 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 7-9pm Line Dance	27 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
28 10-11am Self-Mastery Basics	29 8:30am-4:30pm Billiards* 9am JPC Walking Group* 9:45-10:45am Gentle Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	30 8am-4pm Day Trip: Camp 18 & Seaside Promenade 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong				*Denotes Drop-In activity



OCTOBER 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	2 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 1 10am-4pm Day Trip: Chintimini Wildlife Center 11am-12pm Bingo* 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	3 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 7-9pm Line Dance	4 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
5 10-11am Self-Mastery Basics	6 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 1 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 1:30pm History Walk & Talk 2:15-3:15pm Tai Chi Sun 24: Part 2	7 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 11am-12pm Community Convos: Is Memory Loss a Normal Part of Aging? 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong 2pm Intro to Nordic Walking	8 8:30am-4:30pm Billiards* 9-11am Veteran Services Assistance* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2pm Food & Fitness	9 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 1 1-2pm Tai Chi Yang 40: Part 3 2pm Pickleball 101 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	10 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12:30pm Aging Attitudes 1-3pm Life Stories 3-4pm Sound Meditation 7-9pm Line Dance	11 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
12 10-11am Self-Mastery Basics	13 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	14 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	15 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	16 8:30am-4:30pm Billiards* 9-10:30am AARP SDTek 9am Coffee & Conversations* 9:15-10:15am Nia Session 1 11am Crafts* 1-2pm Tai Chi Yang 40: Part 3 2-3:30pm Convos on Aging: Healthy Aging 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	17 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 7-9pm Line Dance	18 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
19 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 5:30-7:30pm Makerspace 101	20 8:30am-4:30pm Billiards* 10:30am-12:30pm Makerspace 101 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Grief 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong 2-3:30pm Collette Travel Presentation	21 8:30am-4:30pm Billiards* 10:30am-12:30pm Makerspace 101 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Grief 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong 2-3:30pm Collette Travel Presentation	22 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	23 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 2 11am-2:30pm Day Trip: Hungry Sasquatch 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	24 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12:30pm Trivia with Doug* 1-3pm Life Stories 7-9pm Line Dance	25 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
26 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	27 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	28 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	29 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2-3pm JPC Book Club 5:30-10:30pm Day Trip: OMSI After Dark	30	31	*Denotes Drop-In activity



NOVEMBER 2025

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
2 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	3 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	4 8:30am-4:30pm Billiards* 10:45-11:45am Strength & Stretch 11am-12pm Community Convos: Isolation is a Recognized Public Health Emergency 12pm JPC Meal Program 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	5 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	6 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 2 11am-12pm Bingo* 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	7 8:30am-4:30pm Billiards* 9-10:30am Veteran's Recognition Breakfast 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 7-9pm Line Dance	8 9-10am Zumba* 10:15-11:15am Yoga for Veterans* 11:30am-5pm Day Trip: PASAR & Alberta Arts District
9 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	10 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	11 CLOSED	12 8:30am-4:30pm Billiards* 9-11am Veteran Services Assistance* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	13 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 2 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	14 8:30am-4:30pm Billiards* 10am Gardening for Wildlife 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 1-3pm Life Stories 7-9pm Line Dance	22 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
16 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	17 8:30am-4:30pm Billiards* 9:45-10:45am Gentle Yoga Session 2 11:15am-12:15pm SilverSneakers Classic 1-2pm Tai Chi Yang 40: Part 3 2:15-3:15pm Tai Chi Sun 24: Part 2	18 8:30am-4:30pm Billiards* 12pm JPC Meal Program 12-1:30pm Lunch & Learn: Nothing Off the Table 12:30-1:25pm Tai Chi Fan 18 1:35-2:30pm Qigong Strong	19 8:30am-1:0pm Day Trip: Watercolor in Hood River 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games*	20 8:30am-4:30pm Billiards* 9am Coffee & Conversations* 9:15-10:15am Nia Session 2 11am Crafts* 1-2pm Tai Chi Yang 40: Part 3 2-3:30pm Convos on Aging: Handling the Holidays 2:15-3:15pm Tai Chi Sun 24: Part 2 6:30-7:30pm Zumba*	21 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12pm JPC Meal Program 12-4:30pm Billiard Tournament 7-9pm Line Dance	29 9-10am Zumba* 10:15-11:15am Yoga for Veterans*
23 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic	24 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic	25 8:30am-4:30pm Billiards* 12pm JPC Meal Program	26 8:30am-4:30pm Billiards* 11:15am-12:15pm SilverSneakers Classic 12:30-3pm American Mah Jongg* 1-4:30pm Cards/Games* 2-3pm JPC Book Club	27 CLOSED	28 CLOSED	*Denotes Drop-In activity