

# JUANITA POHL CENTER MEAL PROGRAM



Looking for a healthy, delicious meal in a welcoming and friendly environment? Join us at the Juanita Pohl Center for lunch on Tuesdays and Fridays from 12-1pm. Lunch is provided by Kam & Kam Catering, Inc.

**TUESDAYS & FRIDAYS | 12-1PM  
RESERVATIONS REQUIRED  
\$5 RECOMMENDED DONATION**

Reservations are required for all lunch service days to guarantee yourself a meal. Reservations must be made by 1:30pm on the Friday of the prior week.

FLIP FOR THE MONTHLY MENU! ➔

# JANUARY 2026 MENU

Lunch reservations can be made online at [TualatinOregon.gov/JPC](http://TualatinOregon.gov/JPC), over the phone by calling 503-691-3061, or in-person at the Juanita Pohl Center.

**RESERVATIONS MUST BE MADE BY 1:30PM  
ON THE FRIDAY OF THE PRIOR WEEK.**

*Donations are encouraged but not required. Recommended donation is \$5. These valuable services remain possible due to your contributions. If the recommended donation is cost prohibitive, please call 503-691-3061 or drop by the center. Menu subject to change. No refunds or transfers.*

**Tuesday, January 6, 2026 - 12pm**

Baked Potato Bar with Cheesy Chicken Broccoli  
Garden Salad | Krispy Treat

**Tuesday, January 13, 2026 - 12pm**

Homemade Beef Chili  
Garden Salad with Ranch Dressing  
Chocolate Cupcake

**Tuesday, January 20, 2026 - 12pm**

Chicken Fajita Salad | Cilantro-Lime Rice  
Snickerdoodle Cookie

*Lunch & Learn: Senior Living Care Level Options  
Thank You to Our Sponsor: Medicare Mark Fuchs*

**Tuesday, January 27, 2026 - 12pm**

Grilled Chicken Caesar Salad  
Roll with Butter | Brownie  
*Thank you to our sponsor: City of Tualatin Police Department*

**Friday, January 2, 2026 - 12pm**

Cobb Salad Bar with Grilled Chicken  
Roll with Butter | Cookie  
*Join us for Bunco at 1pm!*

**Friday, January 9, 2026 - 12pm**

Sun Dried Tomato Chicken  
Creamy Alfredo Pasta | Caesar Salad  
Fresh Baked Snickerdoodles

*Thank you to our sponsor: King City Senior Village*

**Friday, January 16, 2026 - 12pm**

Sweet & Sour Chicken | Confetti Rice Pilaf  
Spring Roll | Chocolate Chip Cookie

**Friday, January 23, 2026 - 12pm**

Chicken Parmesan  
Tossed Salad | Dessert Bar

**Friday, January 30, 2026 - 12pm**

Teriyaki Chicken | Confetti Rice Pilaf  
Pineapple | Hawaiian Cookie

## THANK YOU TO OUR SPONSORS:



MEDICARE MARK

A non-government entity

Experience | Education | Empathy



an allure active adult community